

Schwartz Rounds

Dr Paquita de Zulueta

GP clinical lead

Paquita has worked as a London GP for 35 years, specialising in mental health. A core part of our team since 2015, she has given generously of her time out of a sense of identification with the aims of our Schwartz Rounds project.

Paquita has been a driving force in establishing Schwartz Rounds for 3rd year medical students on clinical placement. Her careful facilitation has guided students to reflect on their first steps into clinical practice.



**Imperial College
London**

In addition to medical student Rounds, Paquita has been a Schwartz trailblazer, creating innovative community Rounds with GPs following the disaster at Grenfell, and promoting the value of Rounds at international conferences and journal publications.

Paquita has made an outstanding contribution to our programme at Imperial. She has brought warmth, wisdom, moral force and deeply humane insights."

**Dr Alex King, Consultant Psychologist
Schwartz Rounds Project Lead**

Over **412** attendances to **7** Rounds held face-to-face and through Microsoft Teams.

"It was a very interesting experience to understand other people's perspectives – very reassuring"

"It was cathartic to hear people had similar experiences to me"
"Excellent, please do more of these in medical school!"

"I don't feel so alone. Nice to know we can be humans first and doctors second."
Thought it was really good. Feel less alone and also calmer."

73% of students rated the Rounds as 'good' or 'excellent'
89% said they would recommend to others